

# BEYOND THE BOOK ACTIVITIES

**BOOK:** *Bruce Lee*

**AUTHOR:** Debra Ann Pawlak

**ACTIVITY:** Create a Headband

## INSTRUCTIONS:

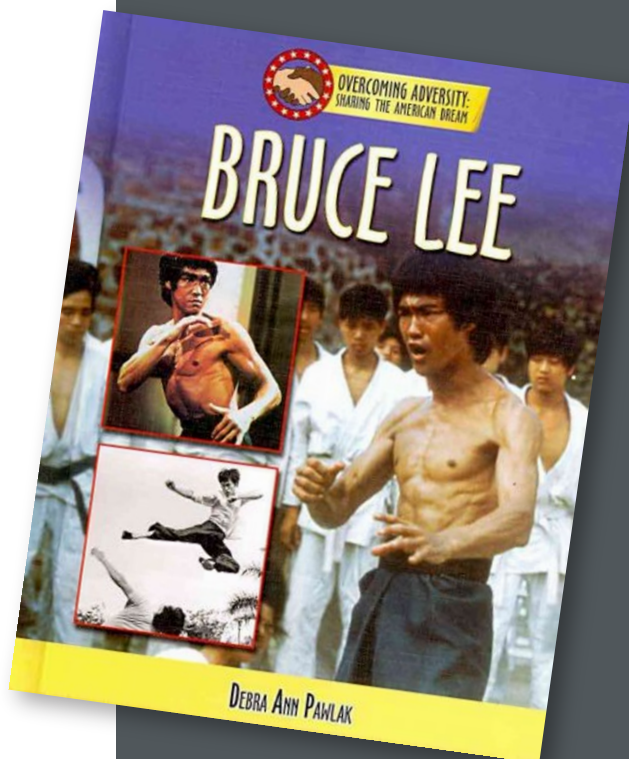
1. Measure around your head level with your forehead.
2. Cut a 1.5 inch strip of paper to the length of your forehead measurement plus 1 inch.
3. If your paper isn't long enough glue or tape another piece of paper to the end.
4. Draw and color the design you want on the headband (If you want a headband that looks like a martial artist headband, Google has some great pictures to copy)
5. When you are finished, glue or tape the headband closed so it makes a circle.
6. Cut two little rectangle strips out of the leftover paper.
7. Attach the two rectangles on the headband's seam. Glue or tape them so they are pointed down at an angle.
8. To see Bruce Lee in action, check out these YouTube clips:

Kato (Green Hornet) Fight Scene: <https://youtu.be/9uhrB5MEcEs>

Bruce Lee vs Chuck Norris: <https://youtu.be/FUfuZJl9LK4>

Bruce Lee in Fists of Fury: <https://youtu.be/y9PkOR7kCrQ>

Bruce Lee Interview (1965): <https://youtu.be/k2BKNDc48N4>



## SUPPLIES:

- Paper or cardstock
- Coloring utensils (colored pencils, crayons, markers, etc.)
- Scissors
- Glue or tape



Rolling Meadows Library • Youth Services  
3110 Martin Lane • Rolling Meadows, IL 60008  
847-259-6050 x140 • [www.rmlib.org](http://www.rmlib.org)